



## How to Take an Iris Photo

1. Find a place in your home where there is no nearby windows or lights above. The glare from the lights can cause a reflection in your photo so we want to avoid that.
2. Use a flashlight and direct the light into the eye in on an angle. This is important. Make sure the light is not shining directly straight into the animal's iris but coming in from the side The light with light up the eye.
3. Make sure the camera flash is turned off.
4. Use a camera or phone camera and zoom in and focus as close as possible. We want to see the fibers in the eye.
5. It is okay to hold the eye lid open with two fingers. Do the best you can with getting a few different angels of the eye.
6. Ask a friend to help you either hold the light or help take the photo.
7. Send multiple photos of each eye but make sure you label each photo right or left eye for the reading,
8. Here are some links from YouTube on how to take a clear iridology photo. I realize it can be challenging with animals so do the best you can. We will let you know if you need to re-submit the photos
9. Email photos to along with your health history form and waiver. We will send you the forms after payment.

[9. Some videos on Youtube give examples on how to take a good photo,.](#)

<https://www.youtube.com/watch?v=1i79fPKAE9Q>

<https://www.youtube.com/watch?v=CYIGBa9wS-M>

<https://www.youtube.com/watch?v=3oajXozKKMA&t=6s>

<https://www.youtube.com/watch?v=RG6efvtQJf8>